

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|---|
| HOT MAINS | Cheese and Tomato Pizza ♻️ Served with Potato Wedges | Cottage Pie ❤️ Served with Gravy | Roast Pork Served with Roast Potatoes and Gravy | Chicken and Vegetable Korma ❤️ Served with Wholegrain Rice | Southern Fried Chicken Served with Chips |
| | Chilli No Carne with Crispy Tortilla ♻️ ❤️ Served with Wholegrain Rice | Cauliflower Macaroni Cheese ♻️ ❤️ Served with Garlic and Herb Bread | Sweet Potato and Chickpea Roast ♻️ ❤️ Served with Roast Potatoes and Gravy | Sweet and Sour Vegetables ♻️ ❤️ Served with Wholegrain Rice | Crispy Quorn Nuggets ♻️ Served with Chips |
| JACKET POTATO | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings |
| Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ | | | | | |
| All main meals are served with two vegetables | | | | | |
| DESSERT | Magic Apple and Cinnamon Bake 🍏 | Strawberry Jelly | Orange Drizzle with Fruit 🍊 | Pineapple Upside Down Cake with Custard | Chocolate Ice Cream with Shortbread Biscuit |

THREE WEEK MENU

AUTUMN/WINTER 2023

£2.65

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 04/03, 25/03

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|---|
| HOT MAINS | Cheese and Tomato Pizza ♻️ Served with Potato Wedges | Classic Beef Burger Served with Potato Wedges | Chicken, Vegetable and Mash Pie ❤️ Served with Gravy | Beef Bolognese 🌿 Served with Wholewheat Pasta and Garlic and Herb Bread | Breaded Fish Fingers Served with Chips |
| JACKET POTATO | Stir Fried Vegetable Rice ♻️ 🌿 Served with Potato Wedges | Vegetarian Burger ♻️ Served with Potato Wedges | Vegetable Pastry Roll ♻️ Served with Mashed Potato and Gravy | Vegetarian Bolognese ♻️ 🌿 Served with Wholewheat Pasta and Garlic and Herb Bread | Crispy Quorn Nuggets ♻️ Served with Chips |
| JACKET POTATO | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟 | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings |
| Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿 | | | | | |
| All main meals are served with two vegetables | | | | | |
| DESSERT | Beetroot Brownie | Crispy Crackle Bar with Fruit 🍌 | Banana Cake 🍌 | Original Flapjack | Vanilla Ice Cream |

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| HOT MAINS | Cheese and Tomato Pizza ♻️ Served with Potato Wedges | Turkey Con Chilli 🌿 Served with Wholegrain Rice | Roast Beef Served with Roast Potatoes and Gravy | Sausage Pasta Bake 🌿 Served with Garlic and Herb Bread | Breaded Fish Fingers Served with Chips |
| JACKET POTATO | Vegetarian Cottage Pie ♻️ ❤️ Served with Gravy | Macaroni Cheese ♻️ | Cheesy Leek and Carrot Crumble ♻️ ❤️ Served with Roast Potatoes and Gravy | Vegetarian Sausage Pasta Bake 🌿 Served with Garlic and Herb Bread | Crispy Quorn Nuggets ♻️ Served with Chips |
| JACKET POTATO | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings | Jacket Potatoes ♻️ with a choice of hot and cold fillings |
| Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿 | | | | | |
| All main meals are served with two vegetables | | | | | |
| DESSERT | Apple Crumble with Custard 🍌 | Crunchy Chocolate Biscuit | Chocolate and Vanilla Marble Cake | Carrot Cake 🍌 | Strawberry Ice Cream |

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌿 Wholegrain 🍌 Fruity! ❤️ Nutritionist's Choice