



FLUSHING SCHOOL NEWSLETTER April 24th 2026



Dear Families,

How lovely that the sun shone for us for our first week back! I do hope you have all had a restful Easter and are ready for the excitement of the summer term.

Despite the wild winds, we have been out and about enjoying a special Earth Day worship at the Bowling Green together. We listened to the story and had a reflection moment listening to all the sounds of nature. The children have also been enjoying PE time at the Bowling Green this week including a touch rugby session for Dolphins with Penryn College.



Our Starfish and Seals had a lovely time at their first swimming session this week and many of our Dolphins have just left for their first sailing lesson of the summer.

We have a lot of exciting events planned for this term including Sports Day, Football World Cup Art Day, residential, trips, visitors, our new library opening event, the village summer show and our new Colour Run which we are very excited about, so please look out for dates to put in your diary.

Wishing you a restful weekend,

Best wishes

Mrs Power

Well done to Josie in Starfish who over the Easter holidays had 30cm of her hair cut off for the Princess Trust. Below are her before and after pictures.



PAPAYA

Let's talk about our kids and their tech

ONLINE PARENT TALK WITH NICOLA:

CORNWALL SCHOOLS PARENT TALK
MONDAY 8TH JUNE 2026 – 9:30 AM to 11:00 AM



JOINING LINK:

[ACCESS VIA THE TEAMS LINK HERE](#)



Nicola
MacDonald

Nicola MacDonald is a Resilience Coach and Author of the non-fiction book, *Resilient Teen*. She is the Founder of My Resilient Mind and Co-Founder of The Digital Detox Club. She runs resilience workshops and talks for schools, parents, and adults in the workplace. She specialises in mindfulness, tech addiction, youth mental health and conscious parenting.

Nicola is an empowering and uplifting speaker who shares her knowledge in a non-judgemental way linking to her own experiences of parenthood and her own previous struggles with teen anxiety.

PAPAYA

Helping families to thrive in a digital age

Parenting in the **digital age** has never been more complex, with issues surrounding screen time, social media use, and gaming.

Many parents are concerned about their children's mental health, especially the impact of screens on it.

In this interactive talk, Nicola unpacks some of the **complex issues** surrounding smartphone use and, in a **non-judgmental** manner, aims to help you find solutions that work for your family.

Topics

- The link between mental health and wellbeing and spending too much time online
- Strategies for delaying the smartphone
- Strategies for families to achieve a healthy balance with technology
- Question and discussion time

"The talk is so relevant, full of insight and eye-opening. You will walk away inspired to connect, reflect, and find out more. I highly recommend it."

– Claire Curtis, parent and SFC volunteer.



S P R I N G

JOKES

FUN JOKES FROM
TWO KIDS AND A COUPON.COM

- **Why did the man sell his vacuum cleaner this spring?** Because it was just collecting dust.
- **Did you hear about the cashew and the walnut that threw a party when spring arrived?** It was nuts.
- **What do you get when you cross a tulip with a dog?** Collie-flower.
- **What bird likes to commit crimes in spring.** Robin.
- **What kind of pickles are best for spring weather?** Daffo-dills.
- **What do sheep do on a warm spring day?** Have a baa baa cue.
- **Why couldn't the sunflower ride its bike?** It lost its petals.
- **When do monkeys fall from the sky?** During Ape-ril showers!
- **What did the bee say to the flower to make it blush?** "Hello, honey."





MHST Presents: ✨ +

NHS
Cornwall Partnership
NHS Foundation Trust

PARENT TRANSITION WORKSHOPS

SUPPORTING YOUR CHILD'S MOVE FROM PRIMARY TO SECONDARY SCHOOL



1. MANAGING ANXIETY & WORRIES



Help your child navigate fears and emotions

2. BUILDING RESILIENCE & CONFIDENCE



Boost self-esteem and coping skills for the new environment

3. ESTABLISHING ROUTINES & INDEPENDENCE



Practical strategies for new school days and daily changes

4. COMMUNICATION & WELLBEING



Staying connected and supporting mental health

WORKSHOP DATES

18 May - 9.30am - 10.30am

10 June - 4pm - 5pm

2 July - 6pm - 7pm

LOCATION

ONLINE Via MS Teams

FREE

to attend for all Year 6 Parents

HOW TO BOOK

Visit: <https://forms.office.com/e/xecDEWbhGa>
or scan the QR code



Register Today! Support your child's wellbeing during this important milestone.

CORNWALL

allstarz
**MUSICAL
IN A WEEK** **2026**

Disney's
**BEAUTY
AND THE
BEAST**



Monday 27th to Friday 31st July

**Ages 9 to 18 years
9am to 5pm each day**

Performances: Friday 31st July @ 4pm & 6:30pm

To book, contact tolley.angell@yahoo.co.uk

CORNWALL



Disney
Aladdin © Disney



Monday 27th to Friday 31st July

Ages 5 to 8 years

9am to 1:30pm each day

Performance: Friday 31st July @ 1:30pm

To book, contact tolley.angell@yahoo.co.uk