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| **Year** | **Autumn 1** | | **Autumn 2** | | **Spring 1** | | **Spring 2** | | **Summer 1** | | **Summer 2** | |
| **Reception** | **Locomotion:** Walking and Jumping | | Ball Skills Hands 1 | | **Gymnastics:** High, Low, Over, Under | | **Dance**  Nursery Rhymes | | Ball Skills Feet | | Games For Understanding | |
| **Year 1** | **Locomotion**: Running | **Gymnastics**: Wide, Narrow, Curled | Ball Skills Hands 1 | **Gymnastics:** Body Parts | Ball Skills Feet | **Dance:** Growing | Ball Skills Hands 2 | **Dance:** The Zoo | **Locomotion:** Jumping | Games For Understanding | Team Building | Health and Wellbeing | |
| **Year 2** | **Locomotion**: Dodging | **Gymnastics**: Linking | Ball Skills Hands 1 | **Gymnastics:** Pathways | Ball Skills Feet | **Dance:** Water | Ball Skills Hands 2 | **Dance:** Explorers | **Locomotion:** Jumping | Games for Understanding | Team Building | Health and Wellbeing | |